



SPIRITUAL INVENTORY - Singles

*Search me, O God, and know my heart! Try me and know my thoughts!
And see if there be any grievous way in me and lead me in the way everlasting.
Psalm 139:23-24*

QUESTIONS OF HEART

Label your most common (MC), least common (LC), and average emotion (AE) from the list below.

- Happy/Joyful
- Content
- Peaceful
- Flat
- Worried
- Angry
- Melancholy
- Other:

What makes you angry at home, work, and church? Be specific.

How generous are you with your money and time? How does that impact your schedule and budget?

What activities, ideas, or relationships captivate you?

How satisfied are you with your life compared to the dreams you had 10 years ago?

How satisfied are you with who you are?

What is your most common emotional struggle?

QUESTIONS OF HABIT

How many times a week do you have dedicated time of prayer and Scripture reading?

How often do you spend time in personal prayer and Bible study? Do you follow a pattern for prayer?

How much time do you spend on non-work or study activities each week like media, gaming, friends, reading, or exercise?

How often are you in fellowship with Christians that includes prayer and study outside of Sunday worship?

What kinds of books, blogs, or podcasts do you feed faith with? Be specific.

QUESTIONS OF RELATIONSHIP

Do you have close friends? Can they challenge you? List their first names.

How close are you to your family of origin? How often do you have contact with them?

If you have a roommate, describe your relationship in a word or brief phrase? Is that what you want from that relationship?

How satisfied are you with your friendships?

How common are sharp, momentary disagreements about little things with friends, roommate(s) or co-workers?

How often are you with a group of two or more friends?

What's your biggest worry or dissatisfaction about your relationships?

Are you content in your relationships? If not, what do you want to see change?

QUESTIONS OF FRUITFULNESS

What has God done in your heart over the last year?

What is God doing in your home, church, work?

How is God using you in other people's lives at work, home, and church?

QUESTIONS OF FUTURE

What would you like to see God do in you over the next year?

What would you like to see God do in your family over the next year?

What would you like to see God do in your church over the next 3 years?