



SPIRITUAL INVENTORY - Married with Children

*Search me, O God, and know my heart! Try me and know my thoughts!
And see if there be any grievous way in me and lead me in the way everlasting.
Psalm 139:23-24*

QUESTIONS OF HEART

Label your most common (MC), least common (LC), and average emotion (AE) from the list below.

- Happy/Joyful
- Content
- Peaceful
- Flat
- Worried
- Angry
- Melancholy
- Other:

What makes you angry at home, work, and church? Be specific.

How generous are you with your money and time? How does that impact your schedule and budget?

What activities, ideas or relationships captivate you?

How satisfied are you with your life compared to the dreams you had 10 years ago?

How satisfied are you with who you are?

What is your most common emotional struggle?

QUESTIONS OF HABIT

How many times a week do you have dedicated time of prayer and Scripture reading?

How often do you spend time in personal prayer and Bible study? Do you follow a pattern for prayer?

Do you have family worship at home? What is that like?

How many times a week do you pray with your spouse?

What activities are your children involved in and how much time a week does that involve for you and them?

What kinds of books, blogs, or podcasts do you feed faith with? Be specific.

How often are you in fellowship with Christians that includes prayer and study outside of Sunday worship?

QUESTIONS OF RELATIONSHIP

Do you have close friends? Can they challenge you? List their first names.

Does your family have friends?

Does your spouse have friends?

How often do you and your spouse talk in depth?

How satisfied is your spouse with your relationships with your spouse and your children? What about them with you?

How often do you have serious arguments? With whom?

How common are sharp, momentary disagreements about little things with your spouse, or co-workers?

Characterize your relationship with each child using a word or brief phrase.

How do you spend time with your family?

What's your biggest worry for each child?

What do you worry about in your marriage?

QUESTIONS OF FRUITFULNESS

What has God done in your heart over the last year?

What is God doing in your home, church, work?

How is God using you in other people's lives at work, home, and church?

QUESTIONS OF FUTURE

What would you like to see God do in you over the next year?

What would you like to see God do in your family over the next year?

What would you like to see God do in your church over the next 3 years?