



## **SPIRITUAL INVENTORY - Married without Children**

*Search me, O God, and know my heart! Try me and know my thoughts!  
And see if there be any grievous way in me and lead me in the way everlasting.  
Psalm 139:23-24*

### **QUESTIONS OF HEART**

Label your most common (MC), least common (LC), and average emotion (AE) from the list below.

- Happy/Joyful
- Content
- Peaceful
- Flat
- Worried
- Angry
- Melancholy
- Other:

What makes you angry at home, work, and church? Be specific.

How generous are you with money and time? How does that impact your schedule and budget?

What activities, ideas or relationships captivate you?

How satisfied are you with your life compared to the dreams you had 10 years ago?

How satisfied are you with who you are?

What is your most common emotional struggle?

## **QUESTIONS OF HABIT**

How many times a week do you have dedicated time of prayer and Scripture reading?

How often do you spend time in personal prayer and Bible study? Do you follow a set schedule?

Do you and your spouse prayer together at home? How often? What is that like?

What kinds of books, blogs, or podcasts do you feed faith with? Be specific.

How often are you as an individual and as a couple in fellowship that includes prayer and study outside Sunday worship?

## **QUESTIONS OF RELATIONSHIP**

Do you have close friends? Can they challenge you? List their first names.

Does your spouse have friends?

Do you have friends as a couple?

How often do you and your spouse talk in depth?

How often do you have serious arguments? With whom?

How satisfied is your spouse with your relationship with your spouse? What  
them with you?

How common are sharp, momentary disagreements with your spouse, or co-  
workers?

How do you spend your time together?

What do you worry about in your marriage?

## **QUESTIONS OF FRUITFULNESS**

What has God done in your heart over the last year?

What is God doing in your marriage, and church?

How is God using you in other people's lives at home, and church?

How is God using others in your life?

### **QUESTIONS OF FUTURE**

What would you like to see God do in you over the next year?

What would you like to see God do in your marriage over the next year?

What would you like to see God do in your church over the next 3 years?